Musculoskeletal Ultrasound and Regenerative Medicine for the Foot & Ankle

Course Director: Scott J. Primack, DO
September 6-8 in Philadelphia

Friday, September 6
6:30-8:00am Registration, Continental Breakfast and Dedicated Exhibit Time
7:45am Opening Remarks
8:00-8:30am Machine Optimization for Foot & Ankle Ultrasound
8:30-10:00am Musculoskeletal Ultrasound of the Foot & Ankle with Anatomy
10:00-11:00pm Reading the MRI of the Foot & Ankle
11:00-12:00pm Ultrasound of the Nerves Around the Foot & Ankle
12:00-1:30pm Sponsored Lunch
1:30-2:00pm Dedicated Exhibit Time
2:00-5:00pm HANDS ON SCANNING
   Diagnostic Scanning Laboratory of Foot & Ankle with Live Models
   • Nerves Around the Foot & Ankle
   • Needle Guidance and US Optimization
   • Posterior Compartment
   • Lateral Compartment
   • Medial Compartment
   • Anterior Compartment
5:00-6:00pm Welcome Cocktail Reception
6:00pm Program Concludes for the Day

Saturday, September 7
7:00-8:00am Breakfast and Dedicated Exhibit Time
8:00-10:00am HANDS ON SCANNING
   Diagnostic Scanning Laboratory of Foot & Ankle with Live Models
   • Nerves Around the Foot & Ankle
   • Needle Guidance and US Optimization
   • Posterior Compartment
   • Lateral Compartment
   • Medial Compartment
   • Anterior Compartment
10:00-10:30am Dedicated Exhibit Time
10:30-11:30am General Principles of US Guided Injections
11:30-12:30pm Common Diagnostic & Therapeutic Injections of the Foot & Ankle
12:30-1:00pm Lunch
1:00-1:30pm Dedicated Exhibit Time
1:30-5:30pm  REGENERATIVE MEDICINE PROCEDURES
Diagnostic Scanning Laboratory of Foot & Ankle
- Platelet Rich Plasma (PRP) & Cadaveric Ultrasound Foot & Ankle Injections
- Bone Marrow Aspiration Techniques Using Ultrasonography
- Lipo Aspiration
- Proper Cell Counting & Processing

6:00-9:00pm  Working Dinner with Lectures
7:00-8:00pm  Fact Versus Fiction and Hope Versus Reality: The Truth About Regenerative Medicine
8:00-9:00pm  Orthobiologics for the Foot & Ankle
9:00pm  Program Concludes for the Day

Sunday, September 8
7:00-8:00am  Breakfast and Dedicated Exhibit Time
8:00-10:00am  HANDS ON SCANNING
Hands On Ultrasound Guided Foot & Ankle Region Injection Procedures with Cadavers
  - Morton’s Neuroma Injection and MTP
  - Sub Talor and Injection of the Ankle Joint (MTP)
  - Posterior Tibialis Tendon Sheath/Tarsal Tunnel Injection and Plantar Fascia Injection
  - Peroneal Tendon Sheaf Injection and Achilles Tendon
  - Achilles Tendon/Plantar Fascia Injection

10:00-10:30am  Dedicated Exhibit Time
10:30-12:30pm  HANDS ON SCANNING
Hands On Ultrasound Guided Foot & Ankle Region Injection Procedures with Cadavers
  - Morton’s Neuroma Injection and MTP
  - Sub Talor and Injection of the Ankle Joint (MTP)
  - Posterior Tibialis Tendon Sheath/Tarsal Tunnel Injection and Plantar Fascia Injection
  - Peroneal Tendon Sheaf Injection and Achilles Tendon
  - Achilles Tendon/Plantar Fascia Injection

12:30-1:30pm  Working Lunch with Lecture
Billing and Coding
1:30-3:00pm  Proficiency Examination
3:00pm  Program Concludes